Open Flanders SC: Session: 5: COACH Evaluation sheet for TEAM: AZK

Coachinfo: Warming up from: 08:30 untill 09:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Michielsen Matthias HEADCOACH

Coaches: Smets Mark

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 27: 100M BACKSTROKE WOMEN — Heat:3, starttime: 10:15

Heat: 3/5 Lane : 3 Athlete: MICHIELSEN JINTHE — **Q-time: 01:05:08**

PB (25m pool): 01:05.08 MoI 04/10/2026 **PB (50m pool):** 01:07.32 **SB:** 01:05.08 MoI 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:31.89		01:05.08	
		00:31.89		*00:33.19*	
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Coach feedback: